

## Guidance on Continuing Medical Education/Continuing Professional development for Intensive Care Medicine Trainees

### Requirements:

The College expects every doctor to undertake a minimum of 50 hours CPD per year, of which a minimum of **20 hours** per year should be completed in each of external and internal activities.

- **External activities:** regional, national or international educational meetings organised by national bodies, specialist societies or commercial providers.
- **Internal activities:** locally organised teaching programmes and clinical governance meetings within the doctor's employing/hosting organisation; and personal study; online learning activity with accredited CME/CPD points.

### Points are awarded as follows:

- 1 point per hour of activity
- Maximum of 5 points per whole day
- Maximum of 3 points per half day

### Template:

A suggested Template for evidencing CME/CPD points for ARCP is provided. It is not an exhaustive list, and you may wish to add further categories. It is not required that you complete an activity for every category for every ARCP. Most sections are self-explanatory, below are some suggestions for two of the sections:

- **Career Planning;** formally organised training and courses; interview courses, teaching sessions on consultant job planning
- **Management and Leadership;** courses on management and leadership, a role with a defined organisational objective; rota management, committee representatives, trainee consult roles, project planning, or attendance at/engagement in management meetings.

### Links valid as of 14/06/2021:

<https://www.ficm.ac.uk/news-events-education/cpd-events>

<https://rcoa.ac.uk/sites/default/files/documents/2019-07/RCoA%20Guidance%20on%20CPD.pdf> (Consensus guideline RCoA FICM & FPM)

[https://www.ficm.ac.uk/sites/default/files/cct\\_in\\_intensive\\_care\\_medicine\\_2010\\_-\\_part\\_i\\_handbook.pdf](https://www.ficm.ac.uk/sites/default/files/cct_in_intensive_care_medicine_2010_-_part_i_handbook.pdf) see p23.